

# Happy New Year!

## January 2018 Coastal Montessori Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
1 WINTER BREAK-NO SCHOOL	2 <b>FLEX DAY</b>  <b>No School!</b> 	3 <b>Cheeseburger Meatloaf Popcorn Chicken</b> Biscuit Creamy Whipped Potatoes Peas and Carrots Pineapple Tidbits	4 <b>Oven Fried Chicken</b> Yeast Roll <b>Southern Style BBQ on a WGR Bun</b> Glazed Sweet Potato Patties Turnip Greens Pear Slices	5 <b>Chicken Filet Sandwich Fish Strips</b> WGR Hushpuppies Black-eyed Peas Sweet Yellow Corn Sliced Peaches
8 <b>Four Cheese Pizza Spaghetti and Meat Sauce</b> Biscuit Corn on the Cob Garden Peas Applesauce	9 <b>Vegetable Beef Soup Chicken Noodle Soup</b> Choice of <b>Toasted Cheese Sandwich</b> or <b>String Cheese</b> Baked Potato Tossed Salad Cornbread Mandarin Oranges	10 <b>Hot Dog w/ Chili on a Bun Sweet Memphis Style Pulled Pork on a Bun</b> Baked Beans Cole Slaw Carrot Sticks w/Dressing Fruit Cocktail	11 <b>Chicken Pilau BBQ Chicken Oven Baked Ham</b> Yeast Roll Steamed Cabbage Pear Slices	12 <b>Loaded Low Country Burg... Fish Filet Sandwich</b> French Fries Steamed Broccoli Frozen Fruit Sidekick
15 <b>NO SCHOOL</b> 	16 <b>Buffalo Chicken Pizza Taco Salad w/ Tortilla Chips</b> Sweet Yellow Corn Carrot Sticks w/Dressing Applesauce	17 <b>Teriyaki Beef Dippers Teriyaki Chicken</b> Fried Rice Biscuit Peas and Carrots Steamed Broccoli Pineapple Tidbits	18 <b>Meatballs in Brown Gravy Chicken Filet Sandwich</b> Brown Rice Fresh Southern Style Collards Tossed Salad Pear Slices	19 <b>Smoked Sausage Fish Strips</b> Red Rice Corn on the Cob Field Peas Cornbread Fruit Cup
22 <b>Ham and Cheese Wrap Popcorn Chicken</b> Biscuit Glazed Sweet Potato Patties California Blend Vegetables Pineapple Tidbits	23 <b>NEW!</b> <b>Carolina Chicken Chili</b> Crackers <b>Corndog</b> Choice of <b>Toasted Cheese Sandwich</b> or <b>String Cheese</b> Sweet Yellow Corn Carrot Sticks w/Dressing Sliced Peaches	24 <b>Country Style Steak Sub Sandwich</b> Brown Rice Green Beans Tossed Salad Mandarin Oranges	25 <b>Oven Fried Chicken Oven Baked Ham</b> Yeast Roll Macaroni and Cheese Black-eyed Peas Steamed Broccoli Pear Slices	26 <b>Cheeseburger Fish Filet Sandwich</b> Sweet Potato Fries Pinto Beans Frozen Fruit Sidekick
29 <b>Buffalo Chicken Pizza Spaghetti and Meat Sauce</b> Garlic Toast Sweet Yellow Corn Savory Carrots Sliced Peaches	30 BUILD YOUR TACO IN A BAG <b>Seasoned Taco Meat Chicken Fajita Strips Corndog</b> Black Bean and Corn Salsa Garden Peas Fruit Salsa	31 <b>Chicken Rings Grilled Chicken Filet Sandwich</b> Biscuit Peas and Carrots Steamed Broccoli Pineapple Tidbits	The USDA is a equal opportunity provider. <b>Menu is subject to change without notice due to vendor shortages, market conditions, or special events.</b>	

### Daily Milk Choices

- 1% White Milk
- Fat Free Chocolate Milk
- Fat Free Strawberry Milk

Seasonal Fresh  
and/or Whole  
Fruit will be  
offered daily at all  
of our locations!!